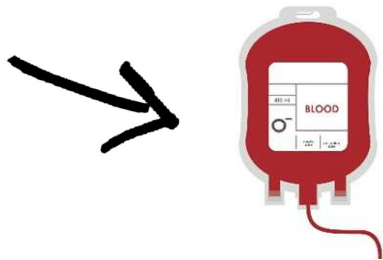


Kua hoatu ēnei mōhiotanga ki a koe nā tō wharanga nui i ēnei rā tata.

I te wā i whara ai koe, he nui ngā toto i rere. I tukua tētahi **whāngainga toto** ki a koe i mua i tō taenga ki te hōhipera.

Ko tēnei mea te **whāngainga toto** ko te tukunga o ētahi toto kua homai e tētahi atu tangata, ki a koe.



E hiahia ana tēnei rangahau ki te mōhio, ko tēhea momo whāngainga toto te mea pai, ā, e hiahia ana mātou ki te mōhio me ka hiahia koe kia whai wāhi atu ki te rangahau.

Kāore i taea te tono whakaaetanga i taua wā. I te māuiui rawa koe.

Ināianei kua pai ake koe, ā, e hiahia ana mātou ki te mōhio me ka hiahia koe kia whai wāhi tonu koe ki tēnei whakamātautau.

He mea nui kia mārāma koe:

- he aha te kaupapa o te rangahau
- he aha e mahia ai
- pēhea te wāhi ki a koe o te rangahau nei.

Tēnā pānuitia tēnei mātārere, āta whakaaro mō ngā kai o roto. Ka āhei hoki koe ki te kōrerorero mō te mātārere nei ki tō whānau, ki tō tākuta, ki tō tapuhi rānei.

He aha mātou i mahi ai i ēnei rangahau?

I roto i tētahi mātāinga rangahau, ka patapatai ngā tākuta me te tūhura mōhiotanga kia mōhiotia ai te tino huarahi hei taurima i te hunga māuiui.

E kawea ana te mātāinga rangahau nei kia mōhiotia te tino ara mō te taurima i te hunga kua kaha te rere o te toto.

E toru ngā wāhanga matua o te toto:

- he pūtau toto whero (red blood cells)
- he wētoto (plasma)
- he mōtepe (platelets)

Mā tēnei whakamātautau e whakamātau me he pai ake te tuku i te toto whai mōtepe, kore mōtepe rānei, ki te tangata.

Kāore anō te ao tākuta kia mōhio ki te whakautu ki tēnei pātai. Kotahi anō te ara e mōhiotia ai, mā te kawea i tēnei mātāinga rangahau.

Kotahi haurua o ngā tāngata i te rangahau i hoatu he toto whai mōtepe ki a rātou. Kotahi haurua o ngā tāngata i te rangahau i hoatu he toto kore mōtepe ki a rātou.

Nā tētahi rorohiko i tīpako matakerepō ko tēhea momo taurimatanga i tukua ki te tangata, nā te mea, koia nei te ara pai kia kitea ko tēhea te taurimatanga pai ake.

I muri, ka kitea ngā whakatairitenga o ngā rōpū rerekē e rua e ngā tākuta rangahau.

Mā konei ka mōhiotia e ngā tākuta te tino ara mō te taurima i te hunga kua kaha te rere o te toto.

Me whai wāhi atu ahau?

Kāo, kei a koe te whakatau mō tō whāinga wāhi tonu. Ka āhei koe te panoni whakaaro ahakoa te wā.

Ki te whai wāhi atu atu, me aha ahau?

Kua hoatu kē te whāingainga toto ki a koe. I tukua atu tēnei i mua i tō taenga mai ki te hōhipera.

Kotahi anō te mea e hiahiatia ana ināianei, kia whakaae koe kia kohia ētahi mōhiotanga i ō tuhinga hōhipera (nā ngā tākuta i tuhi).

Ehara i te mea me tuku pata toto tāpiri, me whakamātau anō tō tinana, kāo.

Mehemea e hari ana koe kia haere tonu te mahi, ka inoitia koe, tō matua rānei, tō kaitiaki rānei kia haina i tētahi puka.



Ka āwhina te whāinga wāhi i ahau?

E kore te rangahau e āwhina i a koe i tēnei wā, engari hei āwhina pea i ngā tākuta kia mōhio ko tēhea te taurimatanga pai rawa mō te hunga e hūtoto ana ā ngā rā kei mua i te aroaro.

Ki te tūpono mai tētahi raru, ka pēhea?

Me he raru, ka taea e koe te kōrero ki tō matua, ki tō kaitiaki rānei, ki ō tākuta rānei, ahakoa te wā.

Pēhea ki te mōhio au, kua kore au e hiahia ki te whai wāhi atu?

Me kōrero noa atu ki tō matua, ki tō kaitiaki rānei, ki ngā tākuta e mahi ana i te rangahau rānei, kua kore au e hiahia ki te whai wāhi atu. Ehara i te mea me hoatu koe i te take.

Ka aha hei te mutunga o te rangahau?

Ka whakaputaina ngā hua o te rangahau, engari e kore te tangata e mōhio i roto koe i te rangahau.

Mā mātou hoki e whakapā atu ki a koe me tō matua, me tō kaitiaki kia mōhio ki ngā hua o te rangahau.

Pēhea ki te hua ake ētahi atu mōhioanga?

I ētahi wā ka panoni tētahi rangahau nā te mea ka ara ake ētahi mōhioanga hou. Ki te pērā, ka whakawhiti kōrero o tākuta ki a koe me tō matua, tō kaitiaki rānei. Māu e whakatau mehemea e hiahia ana koe ki te noho tonu i te rangahau.

Ka noho tūmataiti tonu aku mōhioanga?

Ka noho tūmataiti tonu o mōhioanga? Ka whakamōhio mātou i te hunga anake me tino mōhio, he tika rānei o rātou kia mōhio (pēnei i tō matua, i tō kaitiaki rānei).

Ko wai kei te whakarite, kei te whāngai moni rānei ki tēnei rangahau?

Kei te whakahaere tahitia tēnei rangahau e Te Ratonga Toto o Aotearoa me Northern Rescue Helicopter. Ko ngā tākuta ārahi ko Tākuta Richard Charlewood rāua ko Tākuta Alana Harper.

Nā wai i arotake, i āta titiro hoki ki tēnei rangahau?

I mua i te haerenga o tēnei rangahau, i āta tirohia e tētahi rōpū e mōhiohia nei ko te Northern A New Zealand Health and Disability Ethics Committee. Ka mahi nui rātou kia mōhio he tika ngā mahi.

I noho tētahi rōpū tāngata kē atu (tae atu ki ētahi tāngata noa iho i te ao tūmatanui) ki te tiro tiro ki ngā whārangi mōhioanga mō te rangahau, pēnei i te mea nea e pānuitia ana e koe.

Me aha au me he pātai āku?

Tēnā pātai atu ki o mātua/kaitiaki i te tuatahi. Ka taea hoki e koe te kōrero ki tō tākuta, ki tō tapuhi rānei.

Ka nui te mihi atu ki a koe mōu i huri mai ki te pānui i tēnei!